


Discipleship
Journeys
with *Jesus*



(ENGLISH EDITION)



D J J ' S DISCIPLESHIP CHALLENGE

FOUNDATIONAL JOURNEYS
WITH JESUS

JOURNEYS 1 - 4

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DJJ has included section headings within the scriptures to make the topics easier to understand.

All the Bible verses in each journey are from the New Living Translation, except for the memory verses, which are from the English Standard Version.

**Discipleship Journeys with Jesus exists to
disciple people in actionable, biblical wisdom.**

**Our vision is to take 100 million people
on Discipleship Journeys with Jesus.**

"You have heard me teach things that have been confirmed by many reliable witnesses. Now teach these truths to other trustworthy people who will be able to pass them on to others."

(2 Timothy 2:2 NLT)

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STATEMENT OF FAITH

We believe the Bible, consisting of all the Old and New Testaments' books, to be the inspired, only infallible, authoritative Word of God. The Old and New Testaments' Scriptures are without error or misstatement in their moral and spiritual teaching and record of historical facts. They are without error or defect of any kind. **We believe that there is one God**, eternally existent in three persons: Father, Son, and Holy Spirit. **We believe in the deity of our Lord Jesus Christ**, in His virgin birth, in His sinless life, in His miracles, in His vicarious and atoning death through His shed blood, in His bodily resurrection, in His ascension to the right hand of the Father, and His personal return in power and glory. We believe that **regeneration by the Holy Spirit** is absolutely essential for the salvation of the lost and sinful. **We believe in the Holy Spirit's present ministry by whose indwelling the Christian is enabled to live a godly life.** **We believe in the resurrection of both the saved and the lost;** they are saved unto the resurrection of life, and they are lost unto the resurrection of damnation. **We believe in the spiritual unity of believers in our Lord Jesus Christ.**

Adopted on July 18, 2016. This statement borrows heavily from the National Association of Evangelicals.

JOURNEY 1

Jesus' Journey to the Cross

Salvation

Focus: Inner Life



If you can, watch the
"Journey 1 Intro"
video now.

JOURNEY PASSAGE

MARK 15

Jesus' Trial before Pilate

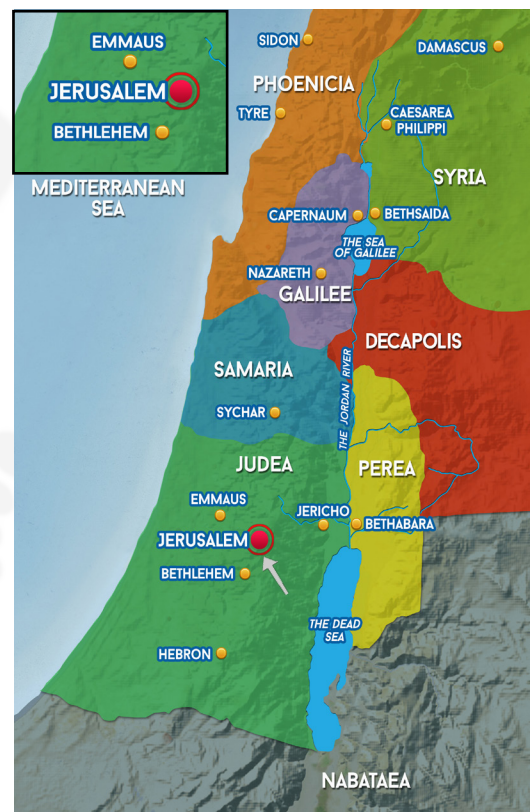
¹Very early in the morning the leading priests, the elders, and the teachers of religious law—the entire high council—met to discuss their next step. They bound Jesus, led him away, and took him to Pilate, the Roman governor. ²Pilate asked Jesus, "Are you the king of the Jews?" Jesus replied, "You have said it."

³Then the leading priests kept accusing him of many crimes, ⁴and Pilate asked him, "Aren't you going to answer them? What about all these charges they are bringing against you?" ⁵But Jesus said nothing, much to Pilate's surprise.

⁶Now it was the governor's custom each year during the Passover celebration to release one prisoner—anyone the people requested. ⁷One of the prisoners at that time was Barabbas, a revolutionary who had committed murder in an uprising. ⁸The crowd went to Pilate and asked him to release a prisoner as usual.

⁹"Would you like me to release to you this 'King of the Jews'?" Pilate asked. ¹⁰(For he realized by now that the leading priests had arrested Jesus out of envy.) ¹¹But at this point the leading priests stirred up the crowd to demand the release of Barabbas instead of Jesus. ¹²Pilate asked them, "Then what should I do with this man you call the king of the Jews?" ¹³They shouted back, "Crucify him!" ¹⁴"Why?" Pilate demanded. "What crime has he committed?" But the mob roared even louder, "Crucify him!"

¹⁵So to pacify the crowd, Pilate released Barabbas to them. He ordered Jesus flogged with a lead-tipped whip, then turned him over to the Roman soldiers to be crucified.



The Holy Land in the Time of Jesus

The Soldiers Mock Jesus

¹⁶The soldiers took Jesus into the courtyard of the governor's headquarters (called the Praetorium) and called out the entire regiment. ¹⁷They dressed him in a purple robe, and they wove thorn branches into a crown and put it on his head. ¹⁸Then they saluted him and taunted, "Hail! King of the Jews!" ¹⁹And they struck him on the head with a reed stick, spit on him, and dropped to their knees in mock worship. ²⁰When they were finally tired of mocking him, they took off the purple robe and put his own clothes on him again. Then they led him away to be crucified.

The Crucifixion

²¹A passerby named Simon, who was from Cyrene, was coming in from the countryside just then, and the soldiers forced him to carry Jesus' cross. (Simon was the father of Alexander and Rufus.) ²²And they brought Jesus to a place called Golgotha (which means "Place of the Skull"). ²³They offered him wine drugged with myrrh, but he refused it.

²⁴Then the soldiers nailed him to the cross. They divided his clothes and threw dice to decide who would get each piece. ²⁵It was nine o'clock in the morning when they crucified him. ²⁶A sign announced the charge against him. It read, "The King of the Jews." ²⁷Two revolutionaries were crucified with him, one on his right and one on his left.

²⁸The people passing by shouted abuse, shaking their heads in mockery. "Ha! Look at you now!" they yelled at him. "You said you were going to destroy the Temple and rebuild it in three days. ³⁰Well then, save yourself and come down from the cross!"

³¹The leading priests and teachers of religious law also mocked Jesus. "He saved others," they scoffed, "but he can't save himself! ³²Let this Messiah, this King of Israel, come down from the cross so we can see it and believe him!" Even the men who were crucified with Jesus ridiculed him.

The Death of Jesus

³³At noon, darkness fell across the whole land until three o'clock. ³⁴Then at three o'clock Jesus called out with a loud voice, "**Eloi, Eloi, lema sabachthani?**" which means "My God, my God, why have you abandoned me?" ³⁵Some of the bystanders misunderstood and thought he was calling for the prophet Elijah. ³⁶One of them ran and filled a sponge with sour wine, holding it up to him on a reed stick so he could drink. "Wait!" he said. "Let's see whether Elijah comes to take him down!" ³⁷Then Jesus uttered another loud cry and breathed his last. ³⁸And the curtain in the sanctuary of the Temple was torn in two, from top to bottom. ³⁹When the Roman officer who stood facing him saw how he had died, he exclaimed, "This man truly was the Son of God!" ⁴⁰Some women were there, watching from a distance, including Mary Magdalene, Mary (the mother of James the younger and of Joseph), and Salome. ⁴¹They had been followers of Jesus and had cared for him while he was in Galilee. Many other women who had come with him to Jerusalem were also there.

The Burial of Jesus

⁴²This all happened on Friday, the day of preparation, the day before the Sabbath. As evening approached, ⁴³Joseph of Arimathea took a risk and went to Pilate and asked for Jesus' body. (Joseph was an honored member of the high council, and he was waiting for the Kingdom of God to come.) ⁴⁴Pilate couldn't believe that Jesus was already dead, so he called for the Roman officer and asked if he had died yet. ⁴⁵The officer confirmed that Jesus was dead, so Pilate told Joseph he could have the body. ⁴⁶Joseph bought a long sheet of linen cloth. Then he took Jesus' body down from the cross, wrapped it in the cloth, and laid it in a tomb that had been carved out of the rock. Then he rolled a stone in front of the entrance. ⁴⁷Mary Magdalene and Mary the mother of Joseph saw where Jesus' body was laid.

The Resurrection

¹Saturday evening, when the Sabbath ended, Mary Magdalene, Mary the mother of James, and Salome went out and purchased burial spices so they could anoint Jesus' body. ²Very early on Sunday morning, just at sunrise, they went to the tomb. ³On the way they were asking each other, "Who will roll away the stone for us from the entrance to the tomb?" ⁴But as they arrived, they looked up and saw that the stone, which was very large, had already been rolled aside. ⁵When they entered the tomb, they saw a young man clothed in a white robe sitting on the right side. The women were shocked, ⁶but the angel said, "Don't be alarmed. You are looking for Jesus of Nazareth, who was crucified. He isn't here! He is risen from the dead! Look, this is where they laid his body."

TRAVEL QUESTIONS

ANSWERED IN THIS JOURNEY: What does Jesus' Journey to the Cross tell us about eternal salvation?

1. When questioned, why do you think Jesus did not try to defend Himself? (verses 2-5) Also, Mark 8:31; Matthew 16:21. _____

Based on these Scriptures, was Jesus' journey to the cross accidental or deliberate? _____

2. Why would Jesus deliberately journey to Jerusalem and to the cross? Read John 3:14-18.

Note: The reference to Moses lifting up a serpent in the wilderness refers to a plague where poisonous snakes were killing many Israelites. (Numbers 21:6-9) The miraculous solution God brought was that a brass serpent was fashioned and put on a pole (like a cross). When the Israelites looked in faith at the serpent, they were miraculously healed—a wonderful symbol of Jesus being lifted up on the cross.

3. On a human level, why did the leading priests want Jesus crucified? (verse 10) _____

On a human level, why did Pilate have Jesus crucified? (verse 15) _____

Summary: On a human level, the Jewish and Roman leaders crucified Jesus for sinful reasons. But God had a different plan: "Because Christ also suffered for sins once, the righteous for the unrighteous, that he might bring you to God." (1 Peter 3:18a)

4. What did Jesus say His mission was in Mark 10:45? _____

5. According to Romans 3:23, what is the spiritual condition of all people? _____

Read Romans 6:23. What "wages" do all people earn because of their sins? _____

According to Colossians 2:14, what did God do with our sin? _____

So, what did God accomplish by Jesus' death, according to 1 Peter 3:18? _____

6. Why did people mock Jesus? (verses 29-30, John 2:18-22) _____

What happened three days later? (Mark 16:1-6) _____

What is the significance of Jesus' resurrection for us? (1 Corinthians 15:20-22) _____

7. What are the two requirements for eternal life found in Romans 10:9?

Note: Confessing Jesus as "Lord" means making Him the boss of your life.

a. _____

b. _____

8. Have you met these two requirements? _____

Are you absolutely sure that you have eternal life based on God's promise in the Bible? _____

If not, please make this your prayer right now:

**Lord Jesus, thank you for dying for my sins and rising
from the dead to overcome sin and death. I receive your gift
of salvation. Come into my life, help me to live for you
and know that I am yours.**

In Jesus name

Amen.

If you are still unsure about accepting Jesus Christ as your Lord and Saviour, we have provided a valuable lesson called "God's Invitation" on our website. You can find it under the Journey 1 videos in the link called "God's Invitation."

ARRIVAL

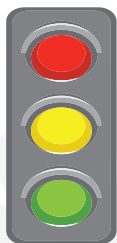
ARRIVAL QUESTION: What does Jesus' Journey to the Cross teach us?

HIGHLIGHT OF THE TRIP

Jesus' journey to the cross was a deliberate giving of Himself to die for the sins of every person in the world (past, present, and future.) He did not stay dead. He rose to life three days later to overcome sin and death for all who put their faith in Him!

ARE YOU READY TO MOVE ON?

Honestly, check the option that most accurately describes your current discipleship journey.



- RED:** I am stuck. I need help from a mentor.
- YELLOW:** I still have a few questions or need to do some more homework on salvation.
- GREEN:** I have received Jesus as my Savior from sins and as the Lord of my life. I have eternal life!

How many of your family members, friends, neighbors, or coworkers could be encouraged by what you've learned in this lesson? Who will you share what you have learned from Scripture with this week?

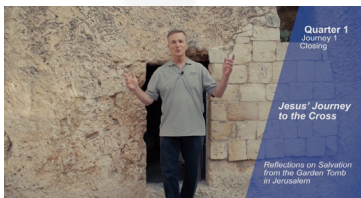
SHARE WITH OTHERS

For all have sinned and fall short of the glory of God.

Romans 3:23

For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord. **Romans 6:23**

MEMORY VERSES



**If you can, watch the
"Journey 1 Closing"
video now.**

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teachings you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible's teaching:

Jesus' birth was not His beginning—He is eternally God the Son. (John 1:14; 10:30-33)

Jesus added to His divine nature, a human nature, and became a man. (John 1:14; Philippians 2:6-8)

Jesus never sinned. (Hebrews 4:15; 2 Corinthians 5:21)

Jesus is the one sacrifice for all sin for all time. (Hebrews 10:11-14)

To reject Jesus is to reject God's gift of eternal salvation. (John 3:36; 1 John 5:12)

Salvation cannot be earned by works that we do, such as giving, serving, attending church, being baptized and so on. However, if we are saved, we will want to work for the Lord. (Ephesians 2:8-9; James 2:17)



JOURNEY 2

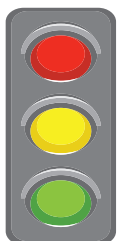
Jesus' Journey to the Jordan River

Baptism
Focus: Inner Life

JOURNEY REVIEW

In our last lesson, Journey 1, we looked at Jesus' Journey to the Cross, and learned about God's plan of salvation.

Before moving to this second journey, we need to answer the question:
"Are you willing to trust Jesus as Savior from sins and Lord of your life?"



RED: I am stuck. I need help from a mentor

YELLOW: I am not sure if I'm saved.

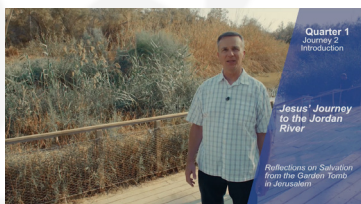
GREEN: I am sure that I am saved.

IF YOU CHECKED "RED" OR "YELLOW," please review the first journey to make sure you have followed God's plan for being saved. Get help from a mature Christian.

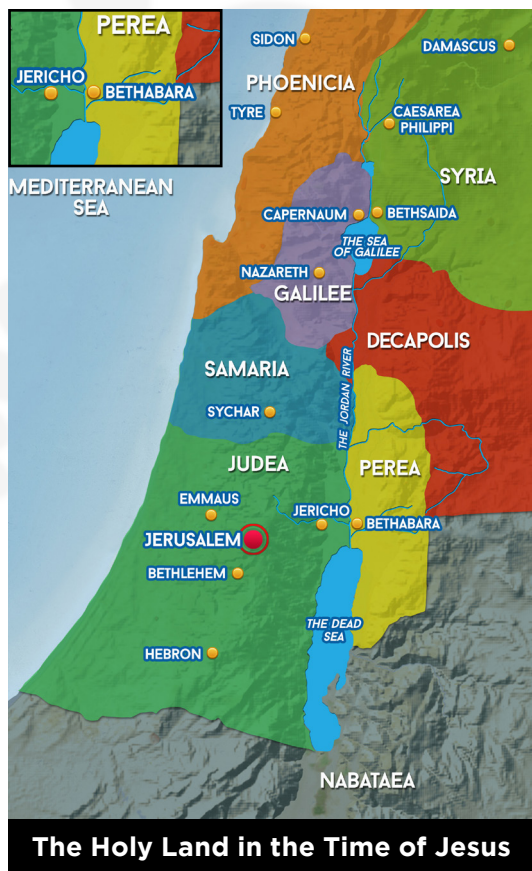
IF YOU CHECKED "GREEN," then move on to this next journey.

SHARE WITH OTHERS

How faithfully did you carry out the action identified in your previous 'traffic light' reflection? Were you able to communicate the insights you gained with others? If so, with whom did you share your reflections?



**If you can, watch the
"Journey 2 Intro"
video now.**



JOURNEY PASSAGE

MATTHEW 3:13-17

The Baptism of Jesus

¹³Then Jesus went from Galilee to the Jordan River to be baptized by John. ¹⁴But John tried to talk him out of it. "I am the one who needs to be baptized by you," he said, "so why are you coming to me?"

¹⁵But Jesus said, "It should be done, for we must carry out all that God requires." So John agreed to baptize him.

¹⁶After his baptism, as Jesus came up out of the water, the heavens were opened and he saw the Spirit of God descending like a dove and settling on him. ¹⁷And a voice from heaven said, "This is my dearly loved Son, who brings me great joy."

TRAVEL QUESTIONS

ANSWERED IN THIS JOURNEY: What does this journey tell us about baptism?

1. Why did Jesus go to the Jordan River? (verse 13) _____
2. Why do you think John the Baptizer would have initially declined to baptize Jesus? (verse 14)

 How did Jesus respond to John's objection? (verse 15) _____

3. Right after Jesus was baptized, what two things happened? (verses 16-17)
 - a . _____
 - b. _____

Note: This is one of the instances in Scripture where we see the three members of the Trinity acting simultaneously.
4. What does Jesus say in Matthew 28:19 to his disciples here about the practice of baptism?

Note: This is another instance in Scripture where we see the three members of the Trinity mentioned together.
 What is He saying to you about being baptized? _____

5. Have you been baptized? _____

If baptized, what were the circumstances of your baptism? _____

If not baptized, are you willing to follow the example and command (Matthew 28:19) of Jesus to be baptized? _____

If not, why? _____

If yes, when might your baptism occur? _____

QUESTIONS AND ANSWERS ABOUT BAPTISM:

What is the purpose of baptism?

Baptism is best understood as an outward expression of an inward work. We are saved when we receive Jesus as Savior and Lord (an inward work). But after we are saved, we profess our salvation outwardly through baptism. See Romans 6:3-7 for a description of the symbolism of baptism.

When should we be baptized?

After a person has received salvation, baptism can occur at any time. In most circumstances, it is probably best to get baptized soon after receiving Christ as Savior and Lord. In some cultures, baptism can cause anger and persecution. To help ensure a positive testimony, consider the timing, location and announcement of baptism. Scripture teaches believers to "Live wisely among those who are not believers, and make the most of every opportunity. Let your conversation be gracious and attractive so that you will have the right response for everyone." (Colossians 4:5-6)

What if a believer is never baptized?

Remember the thief on the cross in Luke 23:39-43? While he was dying, he put his trust in Jesus. He never had an opportunity to be baptized, yet Jesus promised he would be in Paradise. So, we see that baptism is not a requirement for salvation. (But it is an important step of obedience and an outward testimony of our faith in Christ.

ARRIVAL

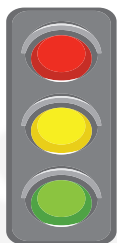
ARRIVAL QUESTION: What does Jesus' Journey to the Jordan River teach us?

HIGHLIGHT OF THE TRIP

Jesus' journey to the Jordan River was for His baptism. In doing this, He set an example by being baptized. Later, just before He ascended into heaven, Jesus commanded His followers to be baptized. By these actions and statements, we understand baptism to be an important act of obedience in discipleship. God expects believers to be obedient in all things.

ARE YOU READY TO MOVE ON?

Honestly, check the option that most accurately describes your current discipleship journey.



RED: I am stuck. I need help from a mentor.

YELLOW: I still have questions about baptism, or I want to be baptized and am awaiting the right time.

GREEN: I have been baptized.

How many of your family members, friends, neighbors, or coworkers could be encouraged by what you've learned in this lesson? Who will you share what you have learned from Scripture with this week?

SHARE WITH OTHERS

...if you confess with your mouth that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For with the heart one believes and is justified, and with the mouth one confesses and is saved. **Romans 10:9-10**

MEMORY VERSES



**If you can, watch the
"Journey 2 Closing"
video now.**

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teaching you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible's teaching:

Baptism is important as an act of obedience to Jesus, but it doesn't save us. (Luke 23:39-43; Romans 10:9)

When saved, we are baptized by the Holy Spirit into the family of God. This is a spiritual baptism, different from physical baptism. (Luke 3:16; 1 Corinthians 12:13)

Our physical baptism is a symbol of both Jesus' death, burial, and resurrection. At the same time, it shows how, in being spiritually reborn, we have died to sin (our old self buried) and raised to new life. (Romans 6:3-7; Colossians 2:12)



JOURNEY 3

Jesus' Journey to the Wilderness

Overcoming Temptation

Focus: Deeper Discipleship

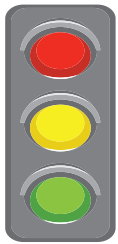
JOURNEY REVIEW

Be sure you are practicing the other lessons covered so far. Please check off these journeys if you are following the practices learned. If not, please go back, review, and work on your area of weakness:

Journey 1 to the Cross: I know that I am saved.

In our last lesson, Journey 2, we looked at Jesus' Journey to the Jordan River, and learned about baptism. Before moving to the next journey, we need to answer the question:

"Are you willing to follow Jesus in baptism?"



RED: I am stuck. I need help from a mentor.

YELLOW: I still have questions about baptism, or I want to be baptized and am awaiting the right time.

GREEN: I have been baptized.

IF YOU CHECKED "RED," review the last journey and have a plan to be baptized.

IF YOU CHECKED "YELLOW," talk to a spiritual mentor, search Scripture and find answers to your questions. Make plans for baptism.

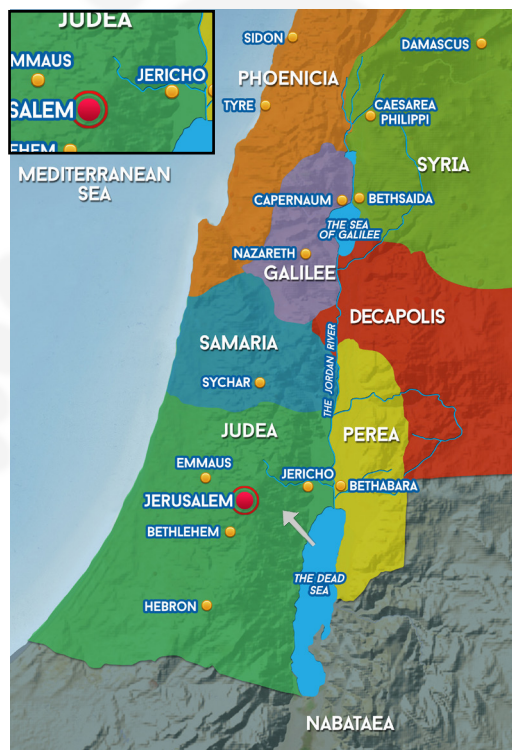
IF YOU CHECKED "GREEN," then move on to this next journey.

SHARE WITH OTHERS

How faithfully did you carry out the action identified in your previous 'traffic light' reflection? Were you able to communicate the insights you gained with others? If so, with whom did you share your reflections?



**If you can, watch the
"Journey 3 Intro"
video now.**



The Holy Land in the Time of Jesus

The Temptation of Jesus

¹Then Jesus, full of the Holy Spirit, returned from the Jordan River. He was led by the Spirit in the wilderness, ²where he was tempted by the devil for forty days. Jesus ate nothing all that time and became very hungry.

³Then the devil said to him, "If you are the Son of God, tell this stone to become a loaf of bread."

⁴But Jesus told him, "No! The Scriptures say, 'People do not live by bread alone.'"

⁵Then the devil took him up and revealed to him all the kingdoms of the world in a moment of time. ⁶"I will give you the glory of these kingdoms and authority over them," the devil said, "because they are mine to give to anyone I please. ⁷I will give it all to you if you will worship me."

⁸Jesus replied, "The Scriptures say, 'You must worship the Lord your God and serve only him.'"

⁹Then the devil took him to Jerusalem, to the highest point of the Temple, and said, "If you are the Son of God, jump off! ¹⁰For the Scriptures say, 'He will order his angels to protect and guard you. ¹¹And they will hold you up with their hands so you won't

even hurt your foot on a stone.'" ¹²Jesus responded, "The Scriptures also say, 'You must not test the Lord your God.'" ¹³When the devil had finished tempting Jesus, he left him until the next opportunity came.

TRAVEL QUESTIONS

ANSWERED IN THIS JOURNEY: What does this journey tell us about overcoming temptations?

- Where was Jesus traveling from in verse 1? _____
What had happened there? See Journey 2. _____

Note: When you make a public profession of faith like Jesus did when He was baptized, you can expect temptation to follow. The devil will seek to destroy your Christian commitment.

- Why did Jesus go to the wilderness? (verse 1) _____
- In verse 2, what two things happened during Jesus' 40 days in the wilderness, and what was the result?
a. _____
b. _____

Result: _____

- How did the devil exploit Jesus' weakness? (verse 3) _____

Note: The devil will also tempt you at your area of weakness or vulnerability (see 1 Peter 5:8).

How did Jesus respond to this temptation? (verse 4) _____

Note: Jesus' response is a quote from Deuteronomy 8:3.

5. Looking at verse 1 again, what apparently prompted Jesus to fast for 40 days? _____

Note: As the Holy Spirit leads, Christians should spend times in fasting and prayer, as Jesus did. He expected to fast and, in Matthew 6:16-18, taught how to do it. If you are inclined to fast, fast for the period that He leads you to, usually not as long as 40 days. If you fast from food, be sure you are physically capable. Diabetics and others should not fast from food for health reasons. However, they can fast from certain kinds of foods or other distractions.

6. What was the second temptation Jesus faced? (verses 6-7) _____

How did Jesus respond to this temptation? (verse 8) _____

7. What was the third temptation Jesus faced? (verses 9-11) _____

What deceptive tactic did the devil add this time that he had not used before? _____

Note: Jesus warned about those who would twist Scripture to deceive others. He called them wolves "in sheep's clothing." (Matthew 7:15) Be very careful of false teachers who turn people away from God's Word!

How did Jesus respond to this temptation? (verse 12) _____

Note: In every temptation, Jesus answered with memorized Scripture. He set the example for us to fight temptation with Scripture.

8. What two things are Christians not to love? (1 John 2:15)

a. _____

b. _____

In 1 John 2:16, what three worldly things are we not to love?

a. _____

b. _____

c. _____

9. What is your greatest temptation? _____

Now, write a Scripture that is God's answer to this temptation:

Examples:

Temptation

Scripture

Worry

Philippians 4:6-7

Lust

2 Timothy 2:22

Anger

James 1:19-20

Fear

Isaiah 41:10

Note: A Bible concordance can be a helpful resource for finding appropriate verses for other temptations. If you have access to the internet, relevant verses can often be found by searching for "Bible verses related to _____."

Assignment: Memorize the Scripture you wrote above to answer your temptation. When tempted, begin using the Scripture as your response to the temptation.

ARRIVAL

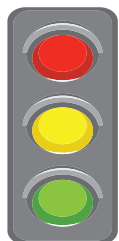
ARRIVAL QUESTION: What does Jesus' Journey to the Wilderness teach us?

As disciples of Jesus, we are to overcome temptation by doing what Jesus did. Jesus used memorized Scripture to fend off temptation. God expects believers to do the same.

HIGHLIGHT OF THE TRIP

ARE YOU READY TO MOVE ON?

Honestly, check the option that most accurately describes your current discipleship journey.



- RED:** I am stuck. I need help from a mentor.
- YELLOW:** I am not sure. I have tried before and failed. I need help to overcome my temptations.
- GREEN:** With God's help, I am ready to memorize scripture and overcome temptation.

How many of your family members, friends, neighbors, or coworkers could be encouraged by what you've learned in this lesson? Who will you share what you have learned from Scripture with this week?

SHARE WITH OTHERS

I have stored up your word in my heart, that I might not sin against you. **Psalms 119:11**

MEMORY VERSES



If you can, watch the "Journey 3 Closing" video now.

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teachings you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible's teaching:

It is not a sin to be tempted. It is a sin to flirt with temptation and to submit to it.

(Hebrews 4:15; Matthew 4:1)

Temptation comes from the world (1 John 2:16), the flesh (James 1:13-14), and the devil.

(1 Peter 5:8)

God never tempts anyone to sin. (James 1:13)

While it might be difficult to resist temptation, God always provides a way of escape from sin. (1 Corinthians 10:13)



JOURNEY 4

Jesus' Journey to a Mountain

Mentoring

Focus: Deeper Discipleship

JOURNEY REVIEW

Be sure you are practicing the other lessons covered so far. Please check off these journeys if you are following the practices learned. If not, please go back, review, and work on your area of weakness:

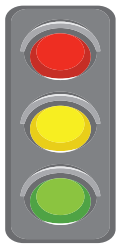
Journey 1 to the Cross: I know that I am saved.

Journey 2 to the Jordan: I have been baptized as a follower of Christ.

In our last lesson, Journey 3, we looked at Jesus' Journey to the Wilderness and learned about how to deal with temptation.

Before moving on to the next journey, we need to answer the question:

"Are you willing to overcome temptations by memorizing Scripture?"



RED: I am stuck. I need help from a mentor.

YELLOW: I am not sure. I've tried before and failed. I need help to overcome my temptations.

GREEN: With God's help, I have identified Scriptures to help me overcome my temptations and I am using them to experience victory.

IF YOU CHECKED "RED," before moving on with this journey, review the last journey to make sure you have identified Scriptures that will help you overcome your temptations.

IF YOU CHECKED "YELLOW," continue to use the Scriptures to answer temptation and overcome. Remember "But if we confess our sins to him, he is faithful and just to forgive us our sins and to cleanse us from all wickedness." (1 John 1:9) When you stumble, confess your sin immediately, ask the Lord to help you overcome, and then apply God's Word to your temptations each time you are tempted.

IF YOU CHECKED "GREEN," that is great, but remember that you must always be on guard. "Stay alert! Watch out for your great enemy, the devil. He prowls around like a roaring lion, looking for someone to devour." (1 Peter 5:8)

How faithfully did you carry out the action identified in your previous 'traffic light' reflection? Were you able to communicate the insights you gained with others? If so, with whom did you share your reflections?

SHARE WITH OTHERS

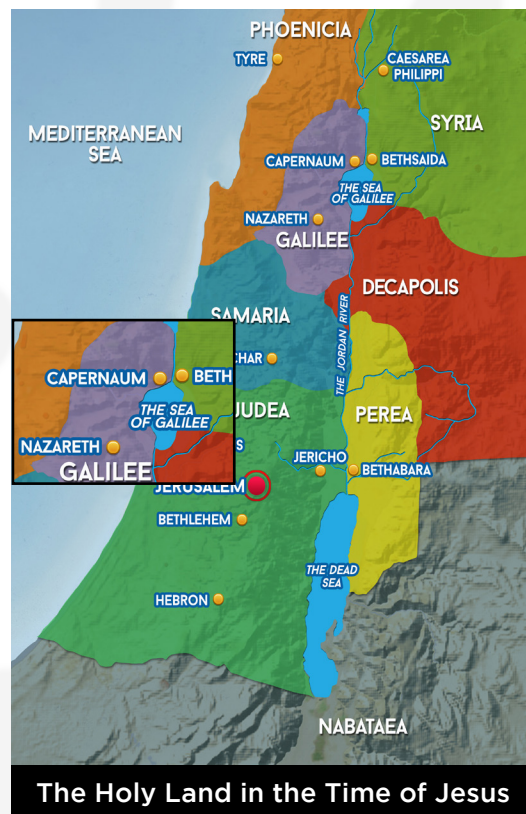


If you can, watch the
“Journey 4 Intro”
video now.

LUKE 6:12-16

JOURNEY PASSAGE

¹² In these days, he went out to the mountain to pray, and he continued all night in prayer to God. ¹³ When it was day, he called his disciples, and from them he chose twelve, whom he also named apostles: ¹⁴ Simon, whom he also named Peter; Andrew, his brother; James; John; Philip; Bartholomew; ¹⁵ Matthew; Thomas; James the son of Alphaeus; Simon who was called the Zealot; ¹⁶ Judas the son of James; and Judas Iscariot, who also became a traitor.



TRAVEL QUESTIONS

ANSWERED IN THIS JOURNEY: What does this journey tell us about mentoring?

1. Why did Jesus go to a mountain? (verse 12) _____
2. Why do you think He chose a mountain setting? Luke 5:15-16 _____
3. How long did Jesus pray? (verse 12) _____
4. What does the fact that Jesus “continued all night in prayer” tell us about the importance of Jesus’ selection of the twelve disciples? _____
5. What did Jesus do after it turned daylight? (verse 13) _____

Note: A disciple means “a devoted learner and follower.” An “apostle” means “a sent one.” These two terms describe what the twelve were to do: learn from Jesus and then be sent out to do His work. Mark 3:14 illustrates this saying, “Then he appointed twelve of them and called them his apostles. They were to accompany him, and he would send them out to preach”

6. While there were twelve original disciples or apostles, all followers of Jesus are also His disciples. We are to follow Jesus' example: "Again he said, 'Peace be with you. As the Father has sent me, so I am sending you.'" (John 20:21) If we're to follow Jesus' example and He mentored disciples, what are we to do? _____

Please list the names of those you would like to mentor in the Christian faith. List up to 12, like the original 12 disciples of Jesus.

1. _____
3. _____
5. _____
7. _____
9. _____
11. _____

2. _____
4. _____
6. _____
8. _____
10. _____
12. _____

Note: Mentoring can be done one-on-one but is probably best practiced in small groups, as Jesus did. To avoid opposite sex complications in one-on-one mentoring, men should mentor men, and women should mentor women (Titus 2:1-6).

If you are studying this journey on your own, without a mentor, then work to find one so that you can then disciple others.

Here are some steps to locate mentoring for yourself:

- a. Pray for a group or mentor who might disciple you.
- b. List the names of potential groups or mentors.
- c. Join the best group or ask the best individual to meet for prayer and fellowship.
- d. If things go well, ask to continue meeting, either on a scheduled or "as needed" basis.
- e. If things don't work out, go to the next option on your list until you find the right mentoring group or individual.

7. What does verse 16 tell us about Judas Iscariot?

8. What does the story of Judas Iscariot tell us about the potential that some of our mentees might fall away?

Does the potential that some will fall away mean that we should ever give up mentoring others?

THE NUMBER OF CHRIST'S...

... followers have grown from these original few to billions. This passage is a pattern for this growth. We are to be mentored in the faith and to mentor others.

A small group of twelve is often a helpful target number. But it is not the only possible number of mentees. Jesus also sent out 70 (see Luke 10:1). He also had an inner circle of three: Peter, James and John (see Matthew 17:1).

The important issue is not the number of our mentees but simply that we are mentoring others as we have been mentored.

ARRIVAL

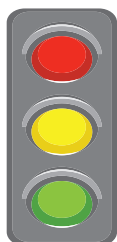
ARRIVAL QUESTION: What does Jesus' Journey to a Mountain teach us?

HIGHLIGHT OF THE TRIP

As disciples of Jesus, we are to follow His teachings and do what He did. Jesus mentored disciples. We must do the same. Jesus prayed and then chose those he would personally mentor. Utilizing these **Discipleship Journeys with Jesus** studies, you have a tool for mentoring. **God expects and even commands believers to make disciples.**

ARE YOU READY TO MOVE ON?

Honestly, check the option that most accurately describes your current discipleship journey.



- RED:** I am stuck. I need help from a mentor.
- YELLOW:** I am not sure, but I am willing. I need to learn and grow more first.
- GREEN:** With God's Help, I am ready to mentor others or am already mentoring others.

SHARE WITH OTHERS

How many of your family members, friends, neighbors, or coworkers could be encouraged by what you've learned in this lesson? Who will you share what you have learned from Scripture with this week?

MEMORY VERSE

And what you have heard from me in the presence of many witnesses entrust to faithful men, who will be able to teach others also. **2 Timothy 2:2**



If you can, watch the "Journey 4 Closing" video now.

CHECKPOINTS ON YOUR JOURNEY

Here are some important biblical teachings you should know. Study the Scriptural passages to understand the biblical basis. Please check each one to affirm that you understand and accept the Bible's teaching:

Christians are to be like Jesus (1 John 2:6) **and do like Jesus** (John 20:21).

To be like Jesus and do what He did, we must mentor others and then send them out to multiply. (Mark 3:14)

Our greatest success in ministry should be the impact of those we mentor. (John 14:12)

You've completed the Discipleship Challenge - well done!

If you'd like to continue growing in your walk with Jesus, we invite you to explore more.

To gain full access to all of the first quarter and the rest of the Discipleship Journeys, visit:

djjministry.org

You can also scan the QR code below for easy access.



DJJ is a discipleship ministry that helps fulfill Jesus' Great Commission instruction to "make disciples" by providing free Bible studies/lessons that include videos recorded in the Holy Land and downloadable study guides (lessons).. Our Bible Studies guide people worldwide at all levels of spiritual growth by challenging believers to be obedient to Biblical instruction one lesson & application at a time, live a life for God, and move toward full maturity in Jesus.

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DISCIPLESHIP CHALLENGE



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